

### Learning Plan

Project Goal: Enhance knowledge in gerontology and end-of-life care

Time Frame: 4 days a week for 5 weeks (150 hours)

Learning Objectives	Resources/ Strategies used to achieve learning objectives	Evidence(s) of Achievement	Criteria for Evaluation	Target date for achieving objectives
1. To enhance knowledge in the clinical practice of gerontology and end-of-life care.	1.1 Retrieve and review critique literature related to gerontology and end-of-life care in a LTC setting (within last 6 years)	1.1 Completion of literature research and review, and collate the 5 most appropriate documents.	1.1 Mentor and Fellow selected and discussed references appropriate to the clinical experiences.	1.1 July 12, 2013- Aug 9 <sup>th</sup> , 2013
	1.2 Retrieve and review current assessment tools (based on literature review) being used in Canada to assess Seniors wholistically to determine best practice in the LTC.	1.2 Completion of research and literature review.	1.2 Mentor and Fellow discussed various assessment tools being used in clinical practice to assess seniors wholistically in a LTC setting.	1.2 July 19, 2013- Aug 9 <sup>th</sup> , 2013
2. Understand issues around death and dying, including philosophical, religious, social, and psychological concerns.  -obstacles/challenges to palliation and end-of-life care	2.1 Retrieve and critique literature related to death and dying.	2.1 Completion of literature research and review.	2.1 Mentor and Fellow selected and discussed findings.	2.1 July 19, 2013- Aug 9 <sup>th</sup> , 2013
	2.2. Speak to mentor (i.e., Dr. Michael Gordon), clients, families, and healthcare professionals at Baycrest to understand issues and determine what	2.2 Discussion with mentor, clients and healthcare professionals at Baycrest.	2.2 Mentor and Fellow discussed issues around death and dying. Discussion reflects understanding of issues around death and dying	2.2 July 19, 2013- Aug 9 <sup>th</sup> , 2013

	obstacles and/or challenges exist related to palliation and end-of-life care.			
3. To understand when, where, how, who, and why or why not the topic of advance directives with clients/ families is brought forth in LTC.	3.1 Speak to mentor and healthcare professionals that work at Baycrest.	3.1 Had discussion with mentor and healthcare professionals that work at Baycrest.	3.1 Mentor and Fellow discussed learning objective thoroughly.	3.1 July 19, 2013- Aug 9 <sup>th</sup> , 2013
4. To explore challenges that nurses and other direct care providers face when the topic of advance directive and/or code status is expressed in LTC.  Identify strategies used to overcome these challenges.	4.1 Retrieve and critique literature related to challenges that nurses face when the topic of advanced directive and/or code status is expressed.  4.2. Speak to mentor and healthcare professionals to explore challenges and identify solutions re: advanced directives and code status.	4.1 Completion of literature research and review.  4.2 Discussion with mentor and healthcare professionals	4.1 Mentor and Fellow discussed literature findings.  4.2 Discussion reflects understanding of challenges and strategies when topic of advanced directive and/or code status is expressed.	4.1 July 26, 2013- Aug 9 <sup>th</sup> , 2013  4.2 July 26, 2013- Aug 9 <sup>th</sup> , 2013
5.1 Explore what educational and practical programs are in place to inform/ educate nurses (RNs, RPNs) and PSWs about advance directives and end-of-life care (effectiveness and	5.1 Identify educational and practical programs that exist to inform nurses and PSWs, about advance directives and end-of-life care.	5.1 List programs and services available to support direct care workers	5.1. Mentor and Fellow talked about the educational programs in place to inform/ educate nurses and PSWs re: advanced directives and end-of-life care.	5.1 Aug 2 <sup>nd</sup> , 2013- Aug 9 <sup>th</sup> , 2013

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challenges). - Baycrest  I.e., Patient and family counseling (emotional, social, spiritual).				
6.1 Identify services and care programs for the aging population that are in place to support them and their loved ones.	6.1 Completion of search of handout/pamphlets for clients and their family members.	6.1 List programs and services available to support the clients that live at Baycrest	6.1 Fellow and mentor discussed identify services and care programs for the aging population that are in place to support them and their loved ones. Fellow will also provide recommendations based on what exists, what is needed, and how to achieve the suggestions.	6.1 Aug 2 <sup>nd</sup> , 2013- Aug 9 <sup>th</sup> , 2013

\*Fellow will provide mentor with recommendations based on findings at the end of fellowship.

**Signature of Agreement:**

Fellow: \_\_\_\_\_ Date: \_\_\_\_\_

Mentor: \_\_\_\_\_ Date: \_\_\_\_\_

Catherine Chow